MIP Fitness Spring Schedule

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Barron Yoga: An athletic, highly demanding yoga class designed to build strength, balance, endurance and flexibility. All fitness levels welcome.

Booty Camp: Uses a variety of functional fitness techniques and tools to improve strength, agility and overall fitness in a circuit style training environment. Beginner to advanced fitness levels.

Sweat 360: Complete a workout, with the right mix of cardio and strength training to sculpt and sweat your way into a new shape. All levels welcome.

Free Weight Lift: Burn calories, transform your body and learn the basics of strength training. Excellent for beginners or those who need an extra push.

Hard CORE!: Get all your six pack ready with “Please include me on your tenant list” in the subject line.

Planning your next conference

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Jared Gleadal, MIP Conference Coordinator
905.667.5508
conferences@mcmasterinnovationpark.ca

These details are for informational purposes only and may not be accurate. Please check the website or contact MIP directly for the most current information.

Life Science Synapse Competition

On March 7, 2014 the life science community gathered at McMaster Innovation Park to observe the Synapse Life Science Competition final event. Presented by Innovation Factory, The DeGroote School of Business, McMaster University, the W Booth School of Engineering Practice, and Mohawk College, the competition teamed up life science innovators with post-graduate students from the DeGroote School of Business and the W Booth School of Engineering Practice. Together each team produced both business and commercialization plans for their innovations.

The top three finalists, Advanced Theranostics Inc., Pain-QuELT, and Pairwise Affinity each had 20 minutes to impress the judges – executives from GlaxoSmithKline, Amgen Canada, Mitsui Canada, Trellis Capital and Johnson & Johnson. They incorporated the company in February 2013.

Pairwise Affinity, a tenant at McMaster Innovation Park, was awarded in-kind services from NO and a meeting with Trellis Capital. Pain-QuELT was awarded meetings with Johnson & Johnson and Johnson & Johnson.

“The enthusiasm and commitment shown by our finalists, partners and the wider life science community in the inaugural year of this event has been phenomenal,” stated David Carter, Executive Director of Innovation Factory.

Art in the Workplace features local artist Sylvia Simpson

McMaster University is asking the city to put $4 million towards a 10,000-square-foot international bioengineering facility to be located at McMaster Innovation Park.

McMaster University asked the city for $4 million in municipal funding for a 50,000-square-foot international bioengineering facility at McMaster Innovation Park. A letter to the city from Dr. Mo Elbestawi, McMaster’s vice-president of research, said a German research institute wants to partner with the university on a Centre at McMaster Innovation Park that would employ up to 100 scientists and industry researchers.

The university has already signed a memorandum of agreement with the Fraunhofer-IZI Institute for Cell Therapy and Immunology and the letter says three German biotech companies want to relocate to Hamilton near the proposed $20-million facility. “This is a unique and ideal opportunity for Hamilton to capture the true economic value of the research that is conducted at McMaster’s facilities,” wrote Dr. Elbestawi in his rationale for requesting taxpayer cash, calling the centre a “guaranteed job creator”.

MIP Partners with Sustainable Hamilton

Sustainable Hamilton is a new non-profit corporation with a powerful vision for Hamilton as the city with the greatest commitment to sustainable development in North America. It envision a world-class city with a vibrant, resilient economy, exceptional quality of life and healthy natural environment. Sustainable Hamilton’s goal is to create leaders in business sustainability and is built on four key pillars: collaborative learning, networking and peer support, supporting action through measurement and reporting, and credible public recognition. MIP is now a reporting partner with Sustainable Hamilton and will submit a sustainability progress report over the 2013-14 fiscal year which will be included in the 2014 Sustainable Hamilton Business Report.

Building a Life Science Cluster

In February, the Hamilton Chamber of Commerce released a report titled “Building a Life Sciences Cluster: A Case for Hamilton,” outlining how the city’s future prosperity depends on its ability to extract greater commercial development from its current strengths. The report documents Hamilton’s broad strengths and assets in life sciences, and looks at other regions around the world that have become economic powerhouses by successfully creating industry clusters. Chamber President and CEO, Keanin Loomis states that Hamilton already has all the necessary components for creating a strong life science cluster. “Hamilton’s health service and research sector is now the city’s largest employer,” said Loomis. “The magnitude of health and life science research being conducted here has doubled in recent years, and is receiving global recognition and awards. We have built incredible health infrastructure that is attracting specialized knowledge and human capacity that is the envy of cities worldwide.”

The report will call the city from its current strengths, and further development are not at all duplicative of past or current efforts, “The areas that need our attention are not at all insurmountable, cost-prohibitive, nor duplicative of past or current efforts,” added Loomis. “Therefore, we believe that success in creating a vibrant life sciences cluster in Hamilton is achievable, if key leaders remain committed to acting.

The report is a culmination of a year of work spearheaded by the Hamilton Chamber of Commerce with considerable input from key stakeholders including MIP: Innovation Factory, and MILO amongst others. All are committed to championing this initiative and to advance the report's recommendations. View the full report at www.hamiltonchamber.ca

Bio-Centre requests city funding

McMaster University asked the city for $4 million in municipal funding for a 50,000-square-foot international bioengineering facility at McMaster Innovation Park. A letter to the city from Dr. Mo Elbestawi, McMaster’s vice-president of research, said a German research institute wants to partner with the university on a Centre at McMaster Innovation Park that would employ up to 100 scientists and industry researchers.

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Get a Master’s degree through distance learning

Barclay & Knapp now has a unique partnership with the University of Leicester as the North American representative of their distance learning Master’s programs. The University of Leicester has risen steadily in every major UK school ranking, and consistently appears in the top 20 of over 120 universities. Leicester has been described as “elite without being elitist.” With a wide array of their Master’s programs offered through distance learning, you can get a Master’s degree from a top UK university while studying from home. As the representative for the University of Leicester, Barclay & Knapp is available to guide you through the entire application process at no cost. For a list of available programs visit www.barclayknapp.com

UNU celebrates World Water Day

The United Nations University Institute for Water, Environment and Health (UNU-INWEH) celebrated World Water Day at MIP with its public lecture series on Monday with a focus on the official World Water Day theme of Water and Energy. World Water Day is a means of focusing attention on the importance of freshwater and advocating for the sustainable management of freshwater resources. An international day to celebrate freshwater was recommended at the 1992 United Nations Conference on Environment and Development. The United Nations General Assembly responded by designating 22 March 1993 as the first World Water Day. The UNU-INWEH panel focused on the water-energy nexus and linkages to food security and health issues. Water and energy are not only closely interconnected and interdependent with choices and actions in one domain positively or negatively affecting the other, but together impact on sanitation and food production. Panelists used examples from across the world to illustrate the linkages between the current development of a Ugandan strategy for wastewater reuse and the City of Hamilton’s biogas initiative to achieve zero-net-energy use.
Sylvia Simpson, a local Hamilton based watercolour and oil artist is the feature artist for the 14th Art in the Workplace Exhibit, from April to July 2014. She has three pieces in the exhibit, with an additional nine pieces of Hamilton street scenes, depicting many familiar Hamilton neighborhoods, in the MIP café Tea and More. Not often viewed together, these paintings are a special treat for Art in the Workplace and MIP. Buttons inspired by Sylvia’s work were on sale at the exhibit’s opening night on April 1st. These button images were based on the rock patterns found on an island near White Rock. The feature button is a depiction of Sylvia’s work. The feature button is a depiction of Sylvia’s work on sale at the exhibit’s opening night on April 1st. These button images were based on the rock patterns found on an island near White Rock.

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The institute is based in Leipzig, about 150 kilometres south of Berlin. Dr. Elbestawi said the institute looked at six Canadian universities, but chose McMaster because they found a “unique strength” between health sciences, engineering and science programs. If construction begins as planned, the bio-centre would be the fourth building at McMaster Innovation Park in addition to the Atrium, CanmetMATERIALS, and the McMaster Automotive Resource Centre.

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Hard CORE!: Get your six pack ready. Burn calories, transform your body and learn the basics of strength training. Excellent for beginners or those who need an extra push.

Booty Burn: Lower body weight training with an emphasis on exercises that target the buttocks. All levels welcome.

Strength Yoga: Traditional yoga poses that incorporate light weights to increase the intensity and strength training. Get strong and lean. All levels welcome.

Zen Yoga: Practice relaxing postures and breath work to help de-stress and relax. All fitness levels welcome.

For more information including class prices and memberships visit: www.mcmasterinnovationpark.ca/scheduled-classes

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The top three finalists, Advanced Theranostics, Pain-QuILT, and Pairwise Affinity each received $10,000. Advanced Theranostics Inc took home $5,000 in cash, legal services from Gowlings; Theranostics Inc., Pain-QuILT, and Pairwise Affinity were awarded over $30,000 in services from INO and a meeting with Trellis Capital. Pain-QuILT was awarded $15,000 in cash, legal services from INO and a meeting with Trellis Capital and GlaxoSmithKline Inc.

This McMaster spin-off company offered a solution to the need for faster, more sensitive lab diagnostics for infectious diseases through a DNA swab, a hand-held device and a mobile app.

“The technology is easy, just three simple steps,” said Chris Stone, senior scientist at Advanced Theranostics and former graduate student of James Mahony, professor of pathology and molecular medicine at McMaster. They incorporated the company in February 2013.

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For more information contact: Jarrod Gleedall, MIP Conference Coordinator 905.667.5508 conferences@mcmasterinnovationpark.ca

What’s your story?

Do you have a story that you would like to see in the MIP newsletter? Please send press releases, story ideas, information or pictures to: marketing@mcmasterinnovationpark.ca

Stay informed

To receive MIP’s weekly updates, event information, and fitness details please email: marketing@mcmasterinnovationpark.ca with “Please include me on your tenant e-list” in the subject line.